



Arizona Child Psychology, PLLC

Serving Children, Adolescents & Parents



Executive Skills

Empowering teens to effectively organize
and manage their lives

Facilitated by Lisa Donsker, MC, LPC

Call For Current Schedule Offerings

(Groups meet 1x weekly for 5 weeks – Each session is 1 ½ hours long)

Up to 6 Participants will engage in individual and group exercises

- Study Skills Assessment
- Time Management Skills
- Organizational skills
- Task prioritization
- “Watch Out” Pitfalls to Avoid

Enrollment Cost: \$250

Call (602) 525-0866 To Enroll

Location: Arizona Child Psychology, PLLC
10210 N. 32nd Street / Bldg C / Suite #215, Phoenix Arizona

*This group is an educational group format and is not
a substitute for professional therapy*