

Curriculum Vitae

Jody Christiansen, MC, LPC
Licensed Professional Counselor
7220 N. 16th Street, Suite I, Phoenix, AZ 85020
(602) 824-8804

Education:

Masters of Counseling

Arizona State University

1151 S. Forest
Tempe, Arizona, 85281

Bachelor of Arts
in Psychology

Coe College

1220 First Avenue NE
Center Rapids, Iowa 52402

Licensure / Certification:

Licensed Professional Counselor
LPC # 0976

Arizona Board of Behavioral Health Examiners

3443 North Central Avenue #1700
Phoenix, AZ 85012

Certified School Counselor, PreK-12

Arizona Department of Education

#1535 W Jefferson ST,
Phoenix, AZ 85007

Licensed Professional Counselor
LPC # 7019-125

Wisconsin Board of Behavioral Health Examiners

1 West Wilson ST.
Madison, Wisconsin 53703

Substance Use Disorders Certificate

University of Wisconsin

Madison, Wisconsin

Professional Experience:

2022-present

Arizona Child Psychology, PLLC

7220 N. 16th St., Suite #I, Phoenix, AZ 85020

Licensed master counselor, specializing in child, adolescent, family issues.

2020-2022

Madison NO. 1 Middle School, Middle School Counselor

5525 N 16th St, Phoenix, AZ 85016

Provided individual and group counseling to meet the developmental, academic, and personal/social needs of students. Team lead on crisis intervention team. Collaborated with parents/guardians, teachers, staff, and community agencies to reduce risk, implement safety plans, and teach positive coping strategies. Provided staff development and parent education and training as it relates to crisis intervention, suicide prevention, drug use prevention and social/emotional learning. Assisted staff with strategies and methodologies for students to achieve academic, social, emotional, and developmental goals. Counseled students with Individual Education Plans and 504 plans.

- 2019 -2020
2000-2016 **City of Scottsdale Youth and Family Services, Counselor and Educator**
4201 N Hayden Rd, Scottsdale, AZ 85251
Counseled teens in Restorative Justice intervention program on a wide variety of issues including substance abuse and relationships. Overhauled and modernized alcohol & drug education program reflecting current science and educational approaches. Developed new curriculum for life management and personal finance course. Designed and conducted field-based alcohol and drug education sessions at local high school.
- 2008-2017 **Educational World Travel, Inc, Executive Regional Coordinator**
Phoenix, AZ
Program design and strategic planning for the local Arizona program. Execution of strategic plan resulted in improved student satisfaction. Successfully doubled the number of students and hosts within two years, improved cost efficiency of program by reducing costs by 10%. Implemented a performance excellence plan that was adopted company wide.
- 2001-2005 **Noah Webster Basic School, Lead School Counselor**
5399 N Pima Rd, Scottsdale, AZ 85250
Counseled children in K-6 grades as referred by staff, parents, and self. Group therapist for a wide variety of therapy groups including coping skills, social skills, and anger management. Provided school-wide crisis intervention services. Developed and implemented curriculum for classroom presentation on various topics. Implemented "Character Counts!" character education program. Organized service projects with local transitional housing programs. Trained teachers and staff on child abuse identification and reporting protocols.
- 1997-2001 **Jewish Family and Children's Services**
Prevention Specialist and Parenting Program Educator
4747 N. 7th St., Phoenix, AZ 85014
Successfully implemented prevention programming for area elementary, junior high, and high schools. Provided individual and group therapy at local public schools. Engaged community leaders in assessment of needs and ongoing program planning. Marketed prevention programs to schools and community agencies. Designed and implemented course for State of Arizona mandatory parenting course for divorcing parents.
- 1999-2000 **Developmental Behavioral Consultants, Individual and Group Therapist**
Tempe, Arizona
Successfully implemented group therapy programming at residential group homes. Trained group home staff in group therapy techniques. Developed comprehensive group therapy activities manual. Established outpatient clinic for referrals from State of Arizona mental health program. Provided group, individual and family therapy for residents at group home. Designed and implemented anger management course for residents.

Publications:

Noyes, R., **Christiansen, J.**, Clancy, J., Garvey, M.J., Suelzer, M. & Anderson, D.J. (1991). Predictors of serious suicide attempts among patients with panic disorder. Comprehensive Psychiatry, 32, (4) 261-267.

Noyes, R., Reich, J.H., Suelzer, M. & **Christiansen, J.** (1991). Personality traits associated with panic disorder: Change associated with treatment. Comprehensive Psychiatry, 32 (4), 283-294.

Noyes, R., Clancy, J., Woodman, C., Holt, C., Suelzer, M., **Christiansen, J.**, Anderson, D. (1993). Environmental factors related to the outcome of panic disorder: A seven year follow up study. Journal of Nervous and Mental Disease, 81 (9), 529-538.

Noyes, R., Reich, J.H., **Christiansen, J.**, Suelzer, M., Pfohl, B. & Coryell, W. A. (1990). Outcome of panic disorder. Archives of General Psychiatry, 47, 809-818.

Honors:

2021 “You Make A Difference” Award

Madison Elementary School District, Phoenix, AZ

Presented by Madison Governing Board and Dr. Kenneth Baca, Superintendent of Schools

Civic Activities:

Heart and Hand Center for Youth

Mentor to 5th grade student participating in after school program

Hermosa Vista Elementary School

Reading and math enrichment volunteer for 1st and 3rd grade students

First Presbyterian Preschool

President of Board of Directors

Save the Family

Volunteer with Adopt a Family program

Professional Interests/Areas of Specialty:

- Individual, Family, and Group Therapy
- Youth Counseling
- Eating Disorder Intervention
- Crisis Intervention
- Life Skills
- Substance Use Prevention
- School Counseling

Revised: June, 2022